

NEWSLETTER

RESEARCH UNIT ON DIGITAL MEDIA IN CHRONIC DISEASE SELF-MANAGEMENT



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Dear readers,

In our inaugural newsletter, we are excited to share news about the establishment of our newly funded research unit DISELMA. This marks the beginning of our journey exploring the role of "Digital Media in Chronic Disease Self-Management."

Furthermore, we are delighted to introduce you to our official website: diselma.de. It serves as a comprehensive platform on which you can dive deeper into our research activities and stay updated on the latest findings from our research projects.

Best regards,

Constanze Rossmann,

LMU Munich, Spokesperson of the DISELMA Research Unit

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DFG funds Research Unit DISELMA

The German Research Foundation (Deutsche Forschungsgemeinschaft, DFG) is funding a Research Unit on Digital Media in Chronic Disease Self-Management (DISELMA).

We are excited to announce the establishment of the DFG-funded research unit DISELMA, dedicated to exploring “Digital Media in Chronic Disease Self-Management.” Chronic diseases pose significant challenges globally, both in prevalence and economic impact. Recognizing the pivotal role of self-management, especially in the digital age, DISELMA aims to shed light on this complex interplay. The research unit, embracing a group of communication scholars, led by spokesperson Professor Dr. Constanze Rossmann (LMU Munich), addresses this interplay through six individual projects:

- One project focuses on the organizational level (PI Prof. Dr. Juliana Raupp, FU Berlin).
- One project investigates the media discourse (PI Prof. Dr. Julia Metag, University of Münster).



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By integrating these individual projects and employing innovative methods and research designs, the research unit DISELMA aims to specify theoretical connections between the different levels and make them fruitful for related areas.

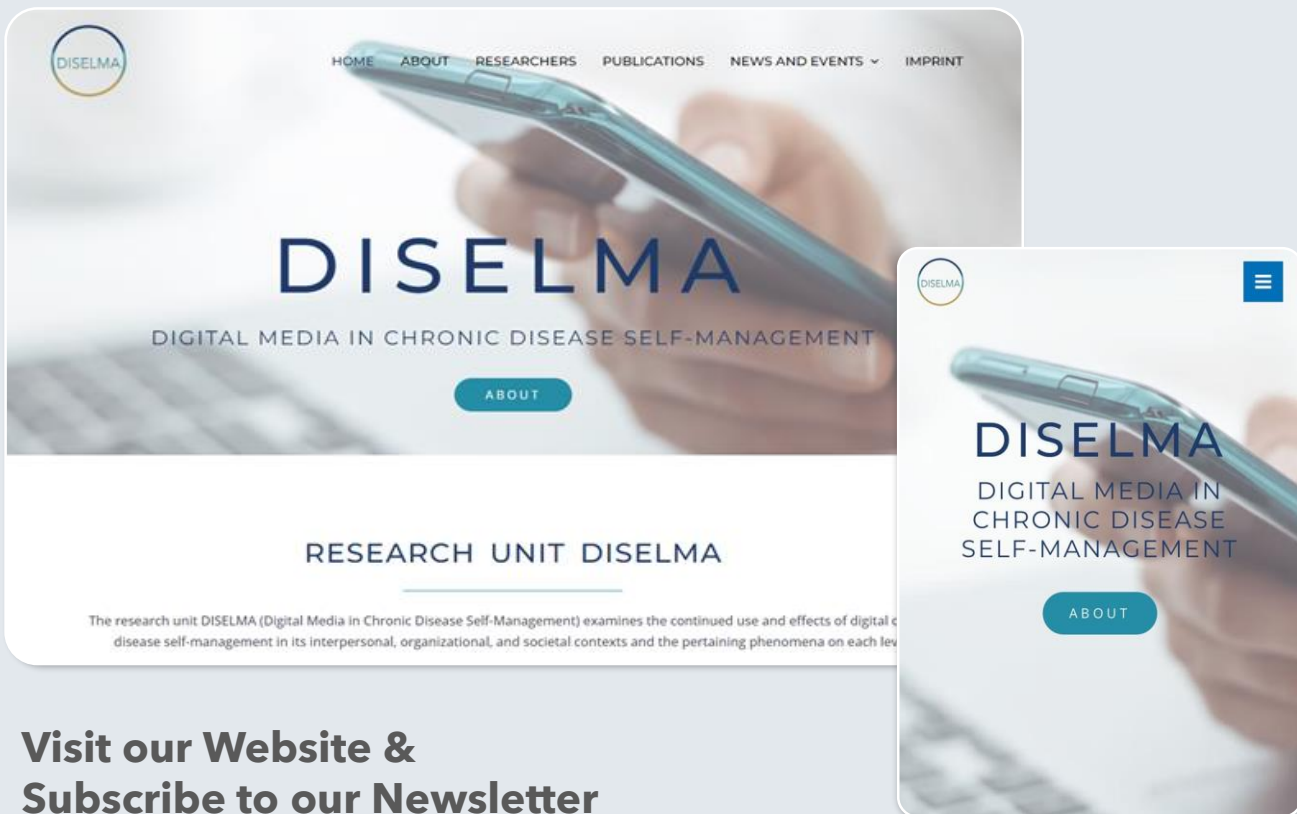
Additionally, the integrated evidence on the significance of digital media in disease self-management aims to contribute to healthier conditions and empower individuals to better cope with their chronic diseases.

“
However, we also need to go beyond the individual level and incorporate contexts at the interpersonal, organizational, and societal levels.”

”

Constanze Rossmann,
Speaker of the research unit

- Two projects on the individual level analyze patterns and determinants of continuous usage and effects (PI Prof. Dr. Veronika Karnowski, Chemnitz University of Technology; PI Prof. Dr. Constanze Rossmann, LMU Munich).
- Two projects on the interpersonal level examine the role of health-care provision (PI PD Dr. Claudia Riesmeyer, LMU Munich) and informal networks (PI Prof. Dr. Doreen Reifegerste, Bielefeld University).



Visit our Website & Subscribe to our Newsletter

Our official website is online: diselma.de! This platform serves as a comprehensive hub for all things related to our research projects on digital media in chronic disease self-management.

What you will find on our website:

- **Research unit overview:** Explore the goals of our research unit and get to know the team of researchers behind DISELMA.
- **Study updates and findings:** Stay informed about the latest developments in our research unit and access insights into our study findings.
- **Subscribe to our newsletter:** Stay in the loop by subscribing to our quarterly [newsletter](#) and receive regular updates about our findings and receive invitations to virtual events directly in your inbox.

Check out the latest news on our website



› DISELMA Kick-off Meeting in Munich